



SUFFOLK ORIENTEERING CLUB

2016 SUMMER EVENT 4

Barnham Cross Estate, Thetford

Tuesday 19 July

Time	Starts: 18.15 – 19.15 Courses close 2030		Postcode
Fees	Adults/groups	£3.00	IP24 3EB
	Juniors (under 21)	£1.00	Grid Reference TL 867 818
Courses	Easy	A shorter and easier urban course. Newcomers should try this course and anyone with under 16s. Crosses residential roads Under 16 must have adult running with them	
	Hard	An urban sprint-style course	

All courses cross minor roads. Please take care as drivers will not be aware of the race taking place

Courses will use Control cards. Controls will be small training kites with pin punches.

Directions Registration and assembly will be at the car park for the playing fields on the west side of the A134 on the southern edge of Thetford. On the A134 from Bury St Edmunds continue straight at the traffic lights in Barnham and passing through Barnham Cross Common. The car park is on the left just before the first houses and shortly after the start of playing fields on the left. From A11 take the A134 towards Bury St Edmunds (2nd roundabout from the south and 3rd roundabout from north). After 0.8 miles continue straight at the main traffic lights. The road bends to the right. The car park is on the right just after the last house 0.8 miles from the traffic lights. Parking is free. If the car park is full alternative parking can be found on nearby streets in Thetford.

Terrain A variety of urban estate designs with numerous passageways and irregular building patterns. Areas of trees and parkland break up the estates. Nettles unlikely!

Contact: David Hodkinson for more details:
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