



SUFFOLK ORIENTEERING CLUB

Simon Peck Summer Series 1

10th June 2018

*Local event at Bridge Wood,
Orwell Country Park, Ipswich*

Join us for the first event in this year's Summer Series in this attractive area of woodland which leads down to the Orwell Estuary.

Beginners & families are welcome - our summer events are an excellent introduction to the sport - & help & advice will be on hand to get you started.

The event offers good practice in dealing with contours for improvers & the more experienced orienteer.

Entry is on-the-day, with start times from 10:30 to 12:30.
Electronic timing will be used (TBC)
SI cards may be borrowed

Entry Fees: Seniors: £4.00 Juniors (under 21) £1.00
Groups - same as senior rate (extra maps £1)

SI Card: free loan, but £30 replacement cost if lost

Courses: Two courses are planned, a shorter one at approx. 1.7Km & a longer one at 3.0Km. All distances are measured "as the crow flies" between control points so actual distances on the ground will be longer, depending on the route chosen.

Training (with the emphasis on reading contours) & shadowing are available for club members - please contact Clive in advance.

Parking will be in the Orwell Country Park car park which is accessed from the A1189 Nacton Road (Junction 57 on A14 to A1189, then turn left to the access road for Orwell Country Park. No right turn if approaching from Ipswich - continue to the roundabout & turn back into Nacton Road again)

Organiser & Planner: Clive Wilkinson
coach_clive@suffoc.co.uk

Further details in due course from:

www.suffoc.co.uk

Post code:
IP10 0JS

OS Grid Ref:
TM 187 407

