



# SUFFOLK ORIENTEERING CLUB

## Simon Peck Summer Series 1

5th June 2022

Join us for the first event in this year's Summer Series, to be held in

### Bridge Wood, Ipswich

Bridge Wood is a lovely area of mixed woodland in the part of the Orwell Country Park which lies to the south of the A14 bridge. Beginners & families are welcome - particularly if you've already tried our [Ipswich-O 2022](#) events - but help & advice will be on hand, whatever your previous experience. As the wood slopes steeply down to the estuary it's an ideal place for improvers & more experienced orienteers to practise reading contours.

You'll have a choice of 3 courses:

**"Take the Path" - 1.6km with a 40m climb**

*or "More off Path" - 2.2km with a 75m climb*

*or even "What Paths?" - 3.0km with a 140m climb*

The distances are measured directly between points on the map; actual distances on the ground will be longer. The amount of undergrowth varies - you'll need to wear full-length trousers or tights, etc, to adequately protect your legs, particularly if planning to go off-path on either of the longer courses.

The map will be at a scale of 1:4000 - you can view a map used for a similar event [here](#). Electronic timing (SI) will be used - you'll be able to borrow the ECard (SI Card or dibber) when you enter if you don't already have one. All entries for the Summer Series this year will be on-the-day, at the registration tent. Once entered, you may start your course at any time between 10:30 & 12:30, but you must ensure that you return to base by 14:00, when the courses close.

#### Entry Fees:

Seniors & Groups: £5.00    Juniors (under 21) £2.00

Additional optional maps for groups: £1

(Fees payable by cash or contactless card on the day)

Entry for those holding a signed **Ipswich-O 2022 Passport**: FREE

SI Card: free loan (but £35 replacement cost if lost)

**Basics:** Parking will be in the Orwell Country Park car park which is accessed from the A1189 Nacton Road (Junction 57 on A14 to A1189, then turn left to the access road for Orwell Country Park. No right turn if approaching from Ipswich - continue to the roundabout & turn back into Nacton Road again)

There is a toilet at the nearby garage on the A14 (if using the garage shop).

Dogs are allowed if under close control.

Post code:  
IP10 OJS

OS Grid Ref:  
TM 187 407

**Organiser & Planner:** Sally Wilkinson [events@suffoc.co.uk](mailto:events@suffoc.co.uk)

**Controller:** Paul Lowe

**Please note:** we need to record some personal data in order to process the results and for insurance purposes. Photographs may also be taken during the event. You can read our [Data Privacy](#), [Photography](#) and [Safeguarding](#) statements on our website.



Our thanks to Ipswich Borough Council for authorising the use of this area for our event, & to both the Ipswich Borough Council Community Restart Fund and East Suffolk Council Collaborative Communities Board for the support of funding.



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