

## Suffolk Orienteering Club - Sunday 9 July 2023

# Ipswich – Broom Hill and The Dales Simon Peck Summer Series – Local Event



Welcome to Suffolk Orienteering Club's first Simon Peck Summer Series event for 2023.

At this event we particularly welcome those who have taken part in our introductory Park-O events this Spring, plus all our regular club members and members of adjacent clubs. There will be courses suitable for beginners and more experienced orienteers.

Our Summer Series events are held in memory of Simon Peck, a stalwart club supporter, prolific mapper, and organiser of innumerable club events over many years.

#### **Directions**

Parking will be in the small free car park off Sherrington Road adjacent to the Broom Hill Library and former Broom Hill Lido. Sherrington Road is a left turn off Norwich Road when driving into Ipswich. Overflow parking, if needed, is available in nearby roads.

- Grid Ref TM153458
- Nearest post code IP1 4HT
- What3Words: ///ample.less.gross

#### Terrain

The courses visit four small areas of parkland and woodland connected by residential streets.

- 1. Sherrington Park a small recreation ground
- 2. Broomhill a pleasant hilltop area of mixed runnable woodland and open land.
- 3. The Dales a long abandoned brick quarry with a complex path network and steep contours.
- 4. The Valley a narrow strip of mixed open land and woodland with contour features.

The Short course visits areas 1 and 2 only, with one residential road crossing situated close to the start. Parents may wish to supervise unaccompanied young competitors at this crossing.

The Medium course visits areas 1, 2 and 3 and has several residential road crossings. Not suitable for unaccompanied competitors under 16.

The Long course visits all 4 areas and includes two crossings of the busy A1214 Valley Road at traffic light and/or bollard protected crossings. These road crossing legs will not be timed.

Full leg cover is advised on the Medium and Long courses.

#### **Courses**

COURSE	TECHNICAL DIFFULCULTY	DISTANCE (km)	CLIMB (m)	NUMBER OF CONTROLS
Short	Easy (approx. Yellow standard)	1.4	45	12
Medium	Medium (approx. Orange standard)	3.3	75	16
Long	Hard (approx. Light Green standard)	4.4	100	25

The courses will be printed on newly-surveyed waterproof maps. Scale 1:5,000. Contour intervals at 2.5m.

Control descriptions will be printed on the maps. Short and Medium courses will use text control descriptions. The Long course will use IOF symbols.

## Registration and Entry Fees.

Registration and entry is on the day. The registration and help tent will be sited close to the parking area and will be open from 10.00 - 12.00.

Entry Fees are £5.00 for adults and £2.00 for Juniors (U18). Entry is free for those with an "Ipswich O Passport" from our recent Park-O events. Add £1.00 for hire of an SI dibber (E-Card) if required.

#### **Start and Finish**

Starts are from 10:30 to 12:30. The start, finish and download are all located close to the parking and the registration tent.

Courses close at 14.00. Please report to download even if you do not finish your course.

### Other facilities

There are no toilets at the parking area. If coming from outside Ipswich you will pass supermarkets and/or filling stations on your journey – please use those.

Looking forward to seeing you there!

Martin Hore – Mapper, Planner and Joint Organiser Sally Wilkinson – Joint Organiser and Controller