



**SUFFOLK ORIENTEERING CLUB**



# Ipswich-O 2022

**Christchurch Park - Saturday 14th May**

Join us for the first of our new **Ipswich-O** series of events in our lovely local parks. This event will be ideal for:

- ◆ family groups
- ◆ youngsters who have maybe done a little before & are confident enough to take part on their own or with a friend
- ◆ adults who are newcomers to the sport

We'll explain the basics then set you off to..

*study the map – plan your route – find the checkpoints*

*..for your chosen course, which will be approx. 1, 2 or 3 Km in length*

We'll be using electronic timing (& lending you an Ecard for timing) so you can have a mini-competition with your friends if you wish - or you may prefer to relax & practise your skills while exploring the park at a more leisurely pace.

When you complete your course you'll receive a print-out of your results & also an **Ipswich-O 2022 Passport** as a record of your achievement. Your Passport will be valid for the whole series of 4 events - & we're offering you the chance of free entry into our other local Summer Series events at Orwell Country Park, Clare and Needham Lake if you show your signed passport.

There's no advance booking - just turn up in the afternoon at any time between 1:00 & 3:00 pm & register with us. For this event you'll find us towards the northern end of the park, next to the shelter near the Westerfield Road entrance.

**Entry fees:**      £5 for individual adults or family groups  
                         £1 per junior (individual or pair)

- for each individual Ipswich-O event, payable by cash or contactless card on the day

What else do you need? - clothes & trainers suitable for the weather & for running or walking. [This short video](#), made by some young friends at an event in Bury St Edmunds, gives an idea of what to expect. You might worry in case you need a compass - isn't that what orienteers use? - but you shouldn't need one this time. There are plenty of features - trees, paths, ponds & so on - in the park which will also be shown on the large-scale map & will keep you on course!

**Christchurch Park** itself has excellent facilities in terms of toilets, refreshments, play area, etc, &, of course, is close to the centre of the town. Dogs are welcome in the park, so you may wish to bring yours to learn some orienteering skills, too (but that will mean keeping it on a short lead while you are on your course).

If you're travelling from outside the town, the nearest car parks are shown [here](#) and the park&ride buses [on this page](#).

**Post code:**

**IP4 2UJ**

**what3words**

**Still have a query?** Email: [Sally Wilkinson](mailto:Sally.Wilkinson)

So - see you then - come along & enjoy!

**Other Ipswich-O 2022 events:**

Holywells Park: 22nd May

Christchurch Park: 11th June

Holywells Park: 26th June

**Summer Series 2022:**

Orwell Country Park (Bridge Wood): 5th June

Clare: 3rd July

Needham Lake: 17th July

**[www.suffoc.co.uk](http://www.suffoc.co.uk)**

Please note: we need to record some data for insurance purposes & in order to process the results, & photographs may be taken during the event. You can read further information on our website : [Data Privacy](#) [Photography](#) [Safeguarding](#)