



SUFFOLK ORIENTEERING CLUB



Ipswich-O 2022

Holywells Park - Sunday 22nd May

Join us for the second of our new **Ipswich-O** series of events in our lovely local parks. This event will be ideal for:

- ◆ family groups
- ◆ youngsters who have maybe done a little before & are confident enough to take part on their own or with a friend
- ◆ adults who are newcomers to the sport

We'll explain the basics then set you off to..

study the map – plan your route – find the checkpoints

..for your chosen course, which will be approx. 1, 2 or 3 Km in length

We'll be using electronic timing (& lending you an Ecard for timing) so you can have a mini-competition with your friends if you wish - or you may prefer to relax & practise your skills while exploring the park at a more leisurely pace.

When you complete your course you'll receive a print-out of your results & also an **Ipswich-O 2022 Passport** as a record of your achievement. Your Passport will be valid for the whole series of 4 events - & we're offering you the chance of free entry into our other local Summer Series events at Orwell Country Park, Clare and Needham Lake if you show your signed passport.

There's no advance booking - just turn up in the afternoon at any time between 1:00 & 3:00 pm & register with us. For this event you'll find us outside the Stable Block near the Cliff Lane entrance.

Entry fees: £5 for individual adults or family groups

£1 per junior (individual or pair)

- for each individual Ipswich-O event, payable by cash or contactless card on the day

What else do you need? - clothes & trainers suitable for the weather & for running or walking. [This short video](#), made by some young friends at an event in Bury St Edmunds, gives an idea of what to expect. You might worry in case you need a compass - isn't that what orienteers use? - but you shouldn't need one this time. There are plenty of features - trees, paths, ponds & so on - in the park which will also be shown on the large-scale map & keep you on course!

Holywells Park itself has excellent facilities in terms of toilets, refreshments, play area, etc. Dogs are welcome in the park, so you may wish to bring yours to learn some orienteering skills, too (but that will mean keeping it on a short lead while you are on your course).

Parking close to the park is on-street, although Blue Badge holders may find a space adjacent to the venue. The Council recommends the website [All About Ipswich](#) for information on carparks in the town and [Suffolk on Board](#) for public transport

Post code:
IP3 0PG
[what3words](#)

Still have a query? Email: [Sally Wilkinson](mailto:Sally.Wilkinson)

So – see you then – come along & enjoy!

Other Ipswich-O 2022 events:

(Christchurch Park: 14th May)

Holywells Park: 22nd May

Christchurch Park: 11th June

Holywells Park: 26th June

Summer Series 2022:

Orwell Country Park (Bridge Wood): 5th June

Clare: 3rd July

Needham Lake: 17th July

www.suffoc.co.uk

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