



SUFFOLK ORIENTEERING CLUB

PARK-O

A series of orienteering events aimed at juniors & adults who are newcomers to the sport.

Saturday afternoons - Bury St Edmunds

1st June - Nowton Park

13th July - Abbey Gardens

10th Aug - Hardwick Heath

7th Sept- Nowton Park



Come anytime between 1 & 3pm
and we will help you to get started.

You will have a choice of courses:

Short - 1.0 Km Very easy

Medium - 2.0 Km Easy

Long - 3.0 Km A bit more difficult

Children/Students: £1, Adults & Family Groups £4

For further details, please see our [website](#) or
[Facebook events page](#)