

## **Royal Hospital School Night Event – Saturday 24th February 2024**

**Travel directions:** The entrance and directions to the car park will be signposted off the B1080 (Holbrook Road) from both directions.

Registration and parking are on the Parade Square within the School Grounds. The nearest postcode: IP9 2RX, W3W: verve.organic.conned and Grid: TM 166 351.

**Map/Terrain:** 1:6000, last updated June 2021, minor updates will be conducted prior to the event. The Royal Hospital School is an ex Naval School for children of naval personnel, as such it boasts a number of grand buildings set on the backdrop of the River Stour to the south. The grounds are largely urbanised which should offer some fast running, however interspersed throughout the grounds are several woodblocks which should provide a different challenge. The grounds are generally flat with several levels to navigate by steps, but in the open land to the south it tapers off gently down towards the river. Some areas particularly around the buildings will offer street or building lighting, towards the extremities of the grounds a torch will be required.

**Courses:** All courses are as the crow flies and the optimum route maybe considerably longer. The short course allows for junior competitors to take part with the start and finish remaining in line of sight to them throughout. Juniors (M/W16-) can attempt the longer courses provided they are shadowed by an adult.

**Short:** 2km                      **Medium:** 4km                      **Long:** 6km

**Entries:** There will be no Pre-Entry with all competitors entering on the day. Maps may be reserved in advance by contacting the Organiser prior to the 10 Feb 24. Equally anyone intending to bring a large group should also let the organiser know prior to the date mentioned.

**Timings:**                      **Registration:** 1730  
                                 **First Starts:** 1800  
                                 **Last Start:** 1900  
                                 **Course Close:** 2000, controls will be taken in at this point!

**All competitors are to report to download even if they have not finished.**

**Facilities:** Toilets will be available in the car parking area. There is expected to be sufficient residual light from the buildings towards the parade ground for pre and post-race admin.

**Equipment:** As the event is being held at night a head torch is mandatory. In addition, spare batteries or a back up torch, a whistle and in the event of inclement weather a cagoule will also be required; these will be checked at the start.

**Electronic Punching:** The event will use the SI controls and SIAC will be enabled for the event.

**Results:** Will be posted on the [SUFFOC](#) website as soon as possible post the event.

**Cost:** Juniors (M/W16-) £2, Seniors £5, Dibber Hire £1

**Officials:**                      Organiser: Gareth Radcliffe (SUFFOC) Email: [radders325@hotmail.co.uk](mailto:radders325@hotmail.co.uk)  
                                 Planner/Contoller: Sammy Gibbs & Gareth Radcliffe (SUFFOC)

**Acknowledgements:** We are extremely grateful and give a huge thank you to the Royal Hospital School for granting permission to use the school grounds to host this event.