



SUFFOLK ORIENTEERING CLUB

Regional event & ESSOL

West Harling

Sunday 3rd December 2017

Time Registration 10:00 – 12.00
Starts from 10.30 – 12.30
Courses close 14.30

Fees Seniors (BOF members) £7.00
Seniors (non-members) £9.00
(Entry on the day only) Seniors on white/yellow course £3.00
Juniors (under 21) £3.00
Groups – same as senior rate (extra maps £1)
Dibber Hire £0.50 (£30 replacement cost if lost)

Postcode
IP24 2RX

OS Grid Reference
TL 947832

Courses	Difficulty:	Distance (Km):	No of Controls:	ESSOL courses:
White	Very easy	1.7	11	Up to year 6
Yellow	Easy	2.2	11	Years 7 & 8
Orange	Moderate	2.9	9	Years 9 & 10
Light green	Hard	3.2	9	Years 11 & 12
Short green	Very hard	3.5	13	-
Green	Very hard	5	15	Year 13
Blue	Very hard	6.6	20	-
Brown	Very hard	9.1	24	-

Terrain A large, rather flat, mixed conifer / hardwood plantation running south from the River Thet. The area has several tumuli and chalk pits and numerous holly trees.

Map Scale 1:10,000, 5 m contours - updated - Autumn 2015. Waterproof maps will be printed with course & control descriptions.

Directions Directions: From A11 at Thetford turn south onto A1075 then turn east onto A1066. Take the minor road on the left 3km east of Thetford towards West Harling. The event will be signposted from the A1066. Follow signs to Thorpe Activity Centre and parking will be on the right along the edge of FR74.

Please contact the organiser if you intend to bring a coach

Planner: Sally Wilkinson
Organiser: Rod Mansel 01359 241857 rod.mansel@tiscali.co.uk
Controller: Kim Eden (NOR)