

SUFFOLK ORIENTEERING CLUB Wordwell - 20th November 2022

Regional Event in The King's Forest

Join us at Wordwell for our first forest event of the Autumn/Winter season - an event which will offer a range of courses to suit all ages and abilities, including newcomers.

Wordwell is part of the very large area known as "The King's Forest", to the southwest of Thetford. As is usual with commercial forest, there are blocks of conifers in various stages of maturity separated by deciduous windbreaks and open rough grassy areas. Scattered within are various depressions resulting from a history of human usage, including sand & marl extraction and wartime preparations. The area is predominantly flat, but our planner knows the forest well & is aiming to provide challenging courses which rely on surface features rather than contour detail. Beginners will be welcome; the Helpdesk will provide any advice necessary.

Entry & Fees: Online entry via the <u>Racesignup website</u> is recommended to ensure that you obtain your preferred course. Entries will open shortly & will close on Friday 18th November. There may be an opportunity to enter at the event on the day but this will depend on the number of maps available.

The Racesignup website will talk you through the entry process - including hiring a timing card (SI card or dibber), making a family group entry & purchasing an additional map. If there are any problems, please contact entries@suffoc.co.uk

SUFFOC members who are helping on the day will receive a discount code from the organiser, for use at the time of entry.

Online entry: Senior: BOF members: £9.00 Non-members: £11.00

Groups: as Senior rate above (extra maps £1)

Juniors (under 21) & Adult novice on White/Yellow: £4.00

Hire of standard/SIAC contactless SI card (dibber): £1/£2 respectively*

Entry on Senior: BOF members: £11.00 Non-members: £13.00

the Day: Groups: as Senior rate above (extra maps £1)

Juniors (under 21) & Adult novice on White/Yellow: £4.00

Hire of standard/SIAC contactless SI card (dibber): £1/£2 respectively*

^{*} NB: replacement cost of £35 standard SI card/£65 SIAC charged if not returned

Maps and Courses: the map includes a recently updated section of what was previously called "Kings NE" plus a newly-mapped section to the south. The map scale is 1:10,000, with 5m contours, incorporates ISOM 17-2 symbols, and will be printed on waterproof paper. Contactless punching via SIAC will be enabled.

Courses:	Technical Difficulty:	Distance (Km):*
White	Very easy	1.8
Yellow	Easy	2.6
Orange	Moderate	3.1
Light Green	Harder	4.1
Short Green	Hardest	3.9
Green	Hardest	5.4
Blue	Hardest	7.2
Brown	Hardest	9.3

^{*} Subject to the final checks by the controller. The distances are measured in straight lines between control points on the map. The actual distance on the ground may be longer, depending on the terrain and on your route-planning.

Participants may choose whichever level of difficulty and approximate distance seems appropriate. If you need help in deciding on the most suitable course then please <u>contact Will, the organiser</u>.

Start times will be between 10:30 & 12:30; all courses will close at 14:30.

Basics: Parking will be reached from **Fire Road 210** heading east off the **B1106** between Culford & Elveden, 2.5 miles south of A11 junction. Access to the Fire Road will be sign-posted from the B1106. Please follow the signs when you are on the Fire Road.



The Registration, Help Point & Download tents will be sited next to the Fire Road, together with the toilet. Hired SI cards will be available for collection at Registration (open from 10:00 to 12:00) & our volunteers at the Help Point will be only too pleased to give advice, explain the map, demonstrate the timing system, etc, to newcomers.

Dogs are allowed, but should be kept on a short lead, both on and off the courses.

Organiser: Will Harrison kings@suffoc.co.uk

Planner: Phil Halford Controller: Bruce Marshall (WAOC)

12/10/22

Please note: we need to record some personal data in order to process the results and for insurance purposes. Photographs may also be taken during the event. You can read our <u>Data Privacy</u>, <u>Photography</u> and <u>Safeguarding</u> statements on our website.

Our thanks to Forestry England for authorising the use of this area for our event.





