

Orwell Country Park 7.6.15

Name	Club	Class	Time
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White

1 Ryan Page + Clare Page	IND	M6	26.29
2 Shona Lingham + 4	IND	W21	29.40
3 Lucy Mulligan +Millie Lambert	IND	W10	31.17
4 Noah Lambert + 5	IND	M8	35.53
5 Issac Rosewell + 1	SUFFOC	M4	49.27
6 Emma Rosewell + 1	SUFFOC	W2	49.47

Yellow

1 Craig Carter	SUFFOC	M10	19.12
2 Lauren Alcraft	IND	W12	32.47
3 Ryan Carter + 1	SUFFOC	M7	33.18
4 Lucy Mulligan	IND	W10	35.11
5 Millie Lambert	IND	W10	35.14
6 Theo Steventon-Barnes	SUFFOC	M10	40.29
7 Ryan Page + Clare Page	IND	M6	41.59
8 H Constable Simmonds	IND	W40	49.55
9 Nora Ludden	IND	W45	62.32
Dylan Hunter	IND	M10	Retired at point 4 found points 1-3

Orange

1 Lucy Warland	SOS	M12	38.53
2 Terry Hunter	SUFFOC	M60	41.22
3 Craig Carter +1	SUFFOC	M10	47.35
4 Barney Steventon Barnes	SUFFOC	M12	50.43
5 Lara, Elena, Nada and Sandra Stincic Clarke	SUFFOC	W5	69.29
6 Karen Heron and Mary Mills	IND	W40	74.46
Emma Taylor + Jack Foster	IND	W35	Retired point 8 found 2 -7
NC Andrew Elliot	SUFFOC	M40	22.10

Light Green

1. Duncan Harrison	SOS	M40	27.57
2. Matthew Clarke	SUFFOC	M14	28.08
3. Tim Harrison	SUFFOC	M16	28.12

4.	Neil Rosewell	SUFFOC	M35	28.15
5.	Chris Panton	SUFFOC	M40	30.37
6.	Peter Warland	SOS	M50	31.51
7.	Richard Bonnet	SOS	M60	37.04
8.	Andrew Elliot	SUFFOC	M40	37.11
9.	Martin Hore	SUFFOC	M65	38.10
10.	John Clarke	SUFFOC	M45	39.20
11.	Lizzie Rosewell	SUFFOC	W21	41.17
12.	Simon Hooton	SUFFOC	M55	42.00
13.	Sarah Mansel	SUFFOC	W50	42.07
14.	Louise Walker	SUFFOC	W50	45.25
15.	Jeremy Steventon-Barnes	SUFFOC	M45	45.43
16.	Colin West	SOS	M60	45.48
17.	Phil Halford	SUFFOC	M60	47.50
18.	Chloe Cracknell	SOS	W14	49.19
19.	Peter Gay	SUFFOC	M70	49.55
20.	Mark Hunter	SUFFOC	M21	51.02
21.	Darren Lambert	IND	M50	52.34
22.	Sally Wilkinson	SUFFOC	W50	53.10
23.	Sharon Warland	SOS	W50	54.21
24.	Chris Gay	SUFFOC	W65	57.08
25.	Lyn West	SOS	W60	57.24
26.	Laura Webb	SOS	W35	58.47
27.	Rob Coulter	SUFFOC	M65	61.08
28.	Colin Butler	SUFFOC	M65	64.55
29.	Ian Richardson	SUFFOC	M55	65.48
30.	Martin Whiteley	IND	M40	76.09

31. Stevie Harrison	IND	W40	83.26
32. Margaret Moody	SUFFOC	W50	122.19

Organiser's Comments:

Thank you all for coming to Orwell Country Park today. I hope experienced orienteers and novices alike found parts of the park they hadn't visited before. This side of the park has a totally different character to Bridge Wood and the undergrowth inevitably led to a lot of path running. This was offset by the wonderful views of the river and bridge especially for anyone who ran the light green course.

Thank you to Ipswich Academy for letting us use the car park and Gainsborough sports centre for use of their toilets. Finally thank you to all the SUFFOC helpers who made the day a joy to organise.