

Nowton Park O
7th September 2019

1 km Course

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| Kevin, Jenni, Molly & Lucy Murphy | IND | 7.29 |
| Lulu & Becky Gooding | SOS | 12.18 |
| Emma Rosewell (2nd run) | SUFFOC | 12.38 |
| Isaac Rosewell (2nd run) | SUFFOC | 13.32 |

2 km Course

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|---------------------------|--------|-------|
| Roger Gooding (2nd run) | SOS | 10.14 |
| Emma Rosewell | SUFFOC | 28.17 |
| Claire Goldstone | IND | 37.28 |
| Mark, Ellis & Toby Desira | IND | 39.43 |

3 km Course

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| Kelvin Johnson | IND | 14.42 |
| John Liston | RAFO | 14.43 |
| Stephen Bones | LOG | 19.17 |
| Charlotte & Henry Hawes | IND | 21.09 |
| John Collyer | SOS | 22.57 |
| Roger Gooding | SOS | 23.55 |
| Taylor Gooding | IND | 25.33 |
| Jenny Collyer | SOS | 29.21 |
| Isaac Rosewell | SUFFOC | 36.26 |
| Ellie Harrison & Louise Woolley | SUFFOC | 38.51 |
| Margaret Moody | SUFFOC | 49.26 |
| S,M,A,C&F Massey | SUFFOC | 49.49 |
| Alice & James B | IND | 60.58 |
| Baiyang Chen | IND | 66.26 |
| Lori, Georgia & Jessica Harvey | IND | 67.39 |
| Frances, Lin, Laura, Jerry Herod | IND | 67.50 |

Score Course

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| Neil Rosewell | SUFFOC | 19.41 |
| Richard Bonnett | BAOC | 32.22 |