

**Suffolk Orienteering Club welcomes you to day 2 of our joint *Springtime in the East* weekend - a Regional Event at Ickworth Park on Sunday 21<sup>st</sup> April 2024, also incorporating the Yvette Baker heat**

## **Directions**

Ickworth Park is a National Trust property in the village of Horringer on the A143, 1 mile south-west of Bury St Edmunds. Follow the estate drive for 0.75 miles and at the NT entry booth indicate that you are orienteering – parking will be free, either in the main, or overflow car park.

You will need to pay the NT entrance fee if you wish to visit Ickworth House after your run.

- Post code **IP29 5QE**

## **Description of terrain**

The terrain consists of traditional open parkland with several blocks of mixed woodland.

## **Courses and Maps**

The courses will be printed on waterproof maps. Scale 1:10,000. Contour interval 5m.

## **Control Descriptions**

Control descriptions will be printed on the maps and loose control descriptions will be in the start lanes.

White, Yellow and Orange courses use text control descriptions. Light Green and above courses use IOF symbols.

For any newcomers attempting Light Green and harder courses, separate copies of the legend, and an interpretation of the pictorial symbols, will be available at the help-desk.

## **Timing**

SPORTident timing will be used with SIAC enabled. However, competitors must punch the start and finish controls.

## **Courses (subject to final controlling)**

COURSE	DIFFICULTY	DISTANCE (km)		YBT classes
White	Very easy	2.0		
Yellow	Easy	2.4		M/W10 or under
Orange	Medium	3.6		M/W12 or under
Lt Green	Hard	4.4		M/W14 or under
Short Green	Very Hard	3.8		
Green	Very Hard	5.6		M/W18 or under
Blue	Very Hard	7.1		
Brown	Very Hard	8.5		

YB heat rules at: <https://www.britishorienteering.org.uk/yvettebaker>

Could club YB coordinators please confirm participation with the organiser prior to the event.

## Registration and SI hire

Standard Online Entry fees through SI Entries (until midnight 14th April):

[https://www.sientries.co.uk/event.php?elid=Y&event\\_id=13386](https://www.sientries.co.uk/event.php?elid=Y&event_id=13386)

Senior member: £9.00

Senior non-member: £11.00

Senior novice £4.00 [on white or yellow courses only]

Junior: £4.00

Late entry (15<sup>th</sup> April to midnight 18<sup>th</sup> April) and entry on day (subject to map availability)

Senior member: £11.00

Senior non-member: £13.00

Senior novice £4.00 [on white or yellow courses only]

Junior: £4.00

Chip hire: £1.00 (replacement cost of £35 if not returned)

SIAC chip hire £2.00 subject to availability (replacement cost of £65 if not returned)

If you are entering as a group please enter with the name of one adult and add the names of the other group members in the space provided and you will be charged the senior entry fee.

Dibbers (SI Cards) can be collected from the help desk on the day and returned at download.

## Start and Finish

Starts are from 10:30 to 12:30. No start times will be allocated.

The start and finish are approximately 100m from the assembly area.

## Facilities

There are toilets in the main car park. The Porters' Lodge café serves drinks and snacks. There is a restaurant in the West Wing of the house.

**Dogs** – lambing is underway, so dogs on short leads only please.

## Event Officials:

<b>Controller:</b>	<b>Planner:</b>	<b>Organiser:</b>	07717 376586
Richard Bonnett	Phil Halford	Will Harrison	willharringlebe@gmail.com
BAOC	SUFFOC	SUFFOC	

**PLEASE NOTE: All competitors take part in this event at their own risk**