

Suffolk Orienteering Club welcomes you to our regional event at Kings Forest on Sunday 16th February, which is also an EA Schools League event

Directions

Parking will be reached from **Fire Road 210** heading east off the **B1106** between **Culford & Elveden**, 2.5 miles south of the A11 junction. Access to the Fire Road will be signed.

Approximate post-code: IP28 6UX

What3words: ///gave.quits.imprinted

Grid ref: TL821760

Description of terrain

Typical East Anglian coniferous blocks dispersed with deciduous windbreaks and scattered with deep disused sand and marl pits. Some brashings and tussocky long grass.

Courses and Maps

The courses will be printed on waterproof maps. Scale 1:10,000. Contour interval 5m.

Control Descriptions

Control descriptions will be printed on the maps and loose control descriptions will be in the start lanes.

White, Yellow and Orange courses use text control descriptions. Light Green and above courses use IOF symbols.

For any newcomers attempting Light Green and harder courses, separate copies of the legend, and an interpretation of the pictorial symbols, will be available at the help-desk.

Timing

SPORTident timing will be used with SIAC enabled. However, competitors must punch the start and finish controls.

Courses (subject to final controlling)

COURSE	DIFFICULTY	DISTANCE (km)	CONTROLS	
White	Very easy	1.7	10	
Yellow	Easy	2.4	9	
Orange	Medium	3.1	10	
Lt Green	Hard	3.9	10	
Short Green	Very Hard	4.3	11	
Green	Very Hard	5.5	16	
Blue	Very Hard	7.4	18	
Brown	Very Hard	8.8	26	

If you would like help choosing which course to run, please contact the organiser.

Newcomers are welcome, the Helpdesk will provide any advice necessary.

Registration and SI hire

Standard Online entry fees through Racesignup (until midnight 9th February):

<https://racesignup.co.uk/site/event.php?eventid=4933>

If you are participating in the **East Anglian Schools Orienteering League** please enter school name & year

Senior member: £9.00

Senior non-member: £11.00

Senior novice £4.00 [on white or yellow courses only]

Junior: £4.00

Late entry (10th Feb to 14th Feb) and entry on day are subject to map availability

Senior member: £11.00

Senior non-member: £13.00

Senior novice £4.00 [on white or yellow courses only]

Junior: £4.00

Dibber hire: £1.00 (replacement cost of £35 if not returned)

SIAC dibber hire: £2.00 subject to availability (replacement cost of £70 if not returned)

If you are entering as a group please enter with the name of one adult and add the names of the other group members in the space provided and you will be charged the senior entry fee.

Additional maps £1.00.

Dibbers (SI Cards) can be collected from the help desk on the day and returned at download.

Start and Finish

Starts are from 10:30 to 12:30. No start times will be allocated.

Courses close at 2pm.

The start and finish are approximately 200m from the assembly area.

Event Officials:

Controller: Kevin
Machin SOS

Planner: Clive
Wilkinson

Organiser: Will
Harrison

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PLEASE NOTE: All competitors take part in this event at their own risk