



SUFFOC Orienteering Club
Saturday 24th February 2024
Royal Hospital School Night Event
Final Details

Grid
Reference:

TM 166 351

Postcode

IP9 2RX

Welcome to the first night event in several years hosted by SUFFOC being held in the grounds of the Royal Hospital School, Holbrook Ipswich.

Terrain

The area was last used as part of the Simon Peck Summer Series in July 2021. The area is predominantly urban with a mixture of student and staff accommodation, sports facilities, and classrooms with a couple of small woodblocks to the north and south of the school. The school grounds are fairly flat though a small amount of climb on the longer courses is to be expected.

Directions

Travelling in either direction along the B1080 (Holbrook Road), use the main entrance to the school and follow the one-way circuit to the car parking area on the main parade square.

Entries

All courses are entry on the day (EOD) unless a map has been reserved via the organiser. Fees are £5 for Adults, £2 for children and £1 for Dibber Hire.

Courses and Maps

This event uses SPORTident timing equipment. Dibbers (SI-Cards) are available for hire from the desk at the registration tent. All courses use waterproof maps which are issued at the start. Control description sheets will be in the start lanes; they are also printed on course maps. The short course will use text control descriptions, all other courses (middle and long) will use IOF Symbols.

Course	Length	No of Controls	Map Scale	Map Size
Long	5.8km	24	1:6000	A4
Middle	4.2km	20	1:6000	A4
Short	2.2km	12	1:6000	A4

All courses lengths are as the crow flies, the optimum distance for all courses is expected to be slightly longer maybe more depending on route choice.

Data Privacy: Entry information and the results of this event will be stored and published, as explained on our [website](#). Any event photographs will be treated as outlined here.

Insurance: Competitors who are NOT members of British Orienteering will only be covered by the organisation's public liability insurance for a maximum of three orienteering events: after that they will need to become members for the insurance cover to continue.

PLEASE NOTE: All competitors take part in this event at their own risk

M/W16 & M/W14 may run on the short course unaccompanied, any juniors M/W12 or younger will need to be shadowed by an adult over the age of 18.

Start/Finish

The start and finish are located adjacent to the car park and assembly. The first starts will be at 1815 and last starts will be at 1915. All courses close at 2030, controls will be removed from this point.

IMPORTANT COURSE & SAFETY NOTES:

- All competitors **MUST** report to the download tent even if you have not completed the whole course so that we are aware you have returned safely. Courses close at 2030, so please return immediately to download if you are still out on the course at this time.
- You are advised to carry a WHISTLE to summon help in case of emergency and as this is a night event a TORCH is mandatory with a spare.
- Full leg cover is compulsory. A waterproof jacket will be required in the 'likely' event of inclement weather, this will be checked at the start if required.

Toilets: Are adjacent to the parking area underneath the stepped areas of the school.

Keys may be deposited in the box at the registration tent and confidential medical details (in sealed envelopes, for use in case of emergency) may be left with the event team at registration.

Dogs are **not** allowed on the school grounds.

First Aid: A first aid box is available in the registration tent. The nearest hospital is Ipswich A&E, Heath Road, Ipswich, IP4 5PD (25 mins by car). Should you need A&E please let an official know before you leave the event.

Results will be posted on the club's website ASAP on completion of the event at www.suffoc.co.uk.

Event Officials:

Controller – Clive Wilkinson

Planners – Gareth Radcliffe (Short & Long), Sammy Gibbs (Middle)

Organiser – Gareth Radcliffe (radders325@hotmail.co.uk)

The next SUFFOC event is a local event at Nowton Park on Sunday 24th Mar 2024 - see our website for further details of this and other forthcoming events.

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